

# Testimonials of Loss and Damage

## Nepal



**Shreya K.C.** shares how the melting of the Himalayan glaciers is causing lakes in Nepal to overflow leading to flooding which destroys entire villages.

Shreya calls on world leaders to ensure that loss and damage finance and technological support are provided.

I feel so proud to be from Nepal, where people live in harmony with nature. But the climate crisis is hitting my beautiful homeland. Pushing us beyond our ability to cope. The Himalayan glaciers are melting and feeding the lakes that burst and sweep away entire villages. Downstream communities can lose their lives and property in an instant. The persistent threat is terrifying.

Our efforts to build stone walls to protect forest cover and villages can't hold back climate change. As in other Least Developed Countries most Nepali people depend on agriculture for their livelihoods, which makes us extremely vulnerable to climate change though we have done the least to cause it.

My family used to farm but no matter how hard we tried, we produced so little. It's getting warmer, and new diseases are affecting crops. Like many others, we had to move to find new opportunities. Now I live in town – but here too, more intense monsoon rain causes destructive floods. Reduced harvest puts pressure on men's role in our patriarchal society. Drought has forced women to travel longer distance for firewood and water, making them vulnerable to sexual exploitation. Many girls drop out of their school or are married off to cope with food scarcity.

I'm afraid and sad that these changes risk our society's stability. World leaders must recognize the loss and damage hitting the Least Developed Countries and take increased action by providing finance and technical support. The vicious cycle of loss and damage we face due to climate change must end now!



You can read more from Shreya over on her blog [caid.org.uk/shreyablog](https://caid.org.uk/shreyablog)