

# Impossible choices



**Dirty water or none at all?** This injustice is a reality for mums on the frontline of the climate crisis.

Use this chatterbox to explore other impossible choices and reflect this Christmas.

1. Cut out your chatterbox and place text side down on a table.
2. Fold the square in half, both ways to create creases. Then fold each corner into the middle. Flip it over and fold each corner into the middle again. Fold the square in half, both ways again. Leave folded.

3. Put your thumb and forefinger in the square pockets to move the chatterbox.
4. Find a partner and ask them to spell their name. For each letter, move the chatterbox back and forth.
5. Ask them to pick an impossible choice to reflect on. When ready, lift the flap to find out more.
6. Repeat the process (there are four choices to explore).

Impossible choices. mums to make chaos forces Climate

Your children are hungry. Do you...

What would you do in their shoes?

...give one child enough food OR each one too little?

...your children go to school OR help out at home?

Your children are thirsty. Do you...

...give them dirty water to drink OR none at all?

Your family is poor. Do...

...buy medicines OR materials to rebuild your home?

Your children are sick. Do you...

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More than 41 million people in 43 countries face a global hunger emergency. Conflict, the Covid-19 pandemic and the climate crisis have all increased global hunger. For many, it's a struggle to survive.

Around 771 million people don't have access to clean water and the climate crisis is making things worse. Droughts and floods reduce available water to families.

Families often know that education can help break the cycle of poverty. But sometimes their immediate needs are so great that mums need their children to help at home instead.

Climate chaos destroys homes and livelihoods. Losing these stretches families' limited resources too thinly. Households headed up by women are especially vulnerable as they are more likely to rely on agriculture and natural resources for their family's food and income.

Find out more about our Christmas Appeal at [caid.org.uk/christmas](https://caid.org.uk/christmas)