

HADRIAN'S WALL WEEKEND TREK



team **POVERTY**

Itinerary

Day 1 – Arrive at Haltwhistle

Trekking distance – 0 miles

We'll meet at our campsite just outside Haltwhistle in the late afternoon. With our tents already pitched, all that's left for us to do is unpack our sleeping bags and get to know each other. After a delicious home-cooked meal, an optional glass of wine (or two) and an event briefing, we'll go to sleep, raring to start our adventure in the morning.

Note: if you need a lift, we can arrange transport for you from Haltwhistle railway station to the campsite.

Day 2 – Lanercost Priory to Haltwhistle

Trekking distance – approximately 15 miles

Following a traditional English breakfast, we'll travel by coach to Lanercost Priory where our challenge really begins. Armed with maps, walking poles and as many blister plasters as we can carry, we'll march the first four miles or so on a quiet road close to the Hadrian's Wall.

Upon arrival at the impressive Birdoswald Roman Fort, set on a high point above the village of Gilsland, we'll be treated to fresh coffee and homemade cake to fortify us for the dramatic hills of the Northumberland National Park. A stop off at the Roman Army Museum will allow the troops to regroup and have lunch before we continue with our adventure. From

here we follow the most visible sections of the wall along cliff tops and some of the most spectacular scenery in Britain. We'll then walk back to the campsite, full of satisfaction at having completed the first day of our walk.

Tonight, we will debrief on the day's walk and swap stories, before turning in for a good night's sleep.

Day 3 – Haltwhistle to Brocolitia Roman Fort

Trekking distance – approximately 10 miles

After another hearty breakfast we'll be keen to get going again. We'll climb back up to the ridge to reach the wall before continuing to walk east, taking in magnificent views to the north towards Wark Forest and the wild landscapes of Northumberland. Our path takes us along crags and past several lakes to Housesteads Roman Fort. Here we'll enjoy our lunch overlooking the fort and will take time to discover the history of the area. We'll then eagerly set off on the final leg of our journey following the wall to Brocolitia Roman Fort.

Finally, our trek has come to an end. We'll be glowing with pride as we sip champagne, pose for our team photograph and collect our group awards. We'll then clamber into waiting buses and return to our campsite to pack, before heading home after a very rewarding weekend.

(Please note, itinerary is subject to change.)



Christian Aird/Libby Gordon



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More information available at
christianaid.org.uk/trekking

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Itinerary continued



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Frequently Asked Questions

Q1 How much does the trek cost?

It costs £50 to register and we ask that everyone raises a minimum sponsorship of £500. The tour cost per person is approximately £200 and will be covered by the minimum sponsorship amount. We ask that you send the cost of the tour to Christian Aid by 20 April 2012.

Q2 Who is responsible for the logistics?

The route, accommodation and food arrangements will be organised by the Global Adventure Challenges tour company, for which Christian Aid acts as an agent only. With everything taken care of, all you have to worry about is getting fit for the trek and raising your sponsorship money!

Q3 What is included?

Your tour cost covers all food, accommodation, camping equipment (see Q4 below for more information), full back-up and vehicle support, and the services of Global Adventure Challenges leaders, cooks and drivers.

Q4 What is not included?

Your trekking gear, sleeping bag and sleeping mat/airbed are not included. You may wish to purchase travel insurance.

Q5 How fit do I have to be?

It's all about stamina. This is a challenge event, and you will be walking for an average of seven hours a day for two days. No one will be left behind, but we advise you to prepare well in advance by following an adequate training programme in the weeks leading up to the event. The walk has been specifically designed to cater for all abilities, so you will definitely enjoy it.

Q6 What is the accommodation like?

We will be sleeping under canvas in two-person tents. When was the last time you went camping? It makes for a really pleasant change! If you have a request for a tent share, we will try to accommodate it.

Q7 What is the food like?

Each morning there will be either a full English or continental breakfast. You will each be supplied with a packed lunch to eat during the day. At the end of the day you will be provided with a three-course meal (which will take any special dietary needs into consideration).

Q7 How easy is it to get to the start?

We offer a pick-up service to collect and take you to and from the railway station at Haltwhistle if you need. The campsite is only 10 minutes from Haltwhistle so easy to get to by car if you are driving.

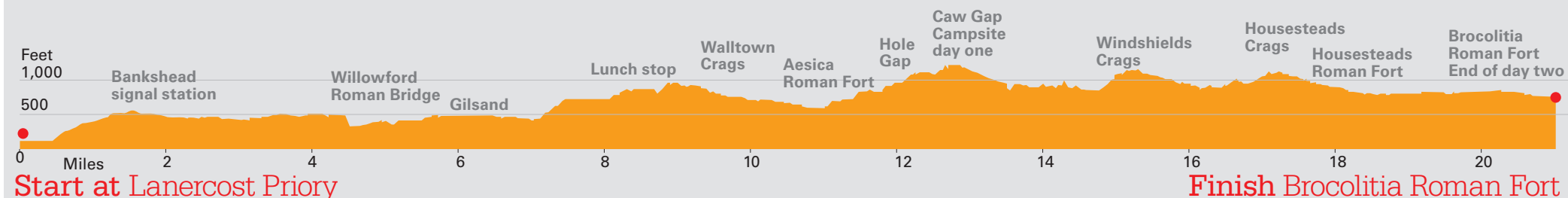


www.globaladventurechallenges.com

This trip is operated by Global Adventure Challenges Ltd on behalf of Christian Aid.

Poverty is an outrage against humanity. It robs people of dignity, freedom and hope, of power over their own lives. Christian Aid has a vision – an end to poverty – and we believe that vision can become a reality. We urge you to join us.

Gradient map – route profile



More information available at
christianaid.org.uk/trekking

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