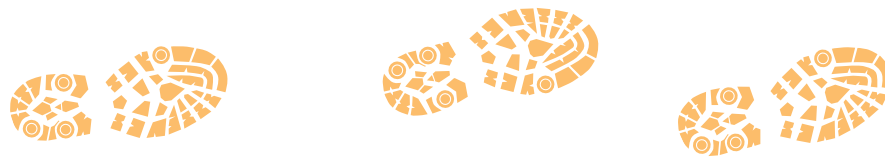


HOLY ISLAND NIGHT HIKE

Itinerary



team**POVERTY**

Day 1 – Briefing at Kirknewton

Trekking distance – 0 miles

We meet at Kirknewton Village Hall for registration. Transfers from Berwick-upon-Tweed railway station to the start venue (19.5 miles) will be made available for those who need them – please let us know your arrival time in advance.

After a hearty snack we will be briefed on the challenge, and then once the sun has set we will set off.

Day 2 – The midnight start

Trekking distance – approximately 26 miles

We set off in the dark to conquer the last 26 miles of the famous St Cuthbert's Way. There will be four checkpoints along the route, at approximately every six miles and, at the third stop, a hot brunch will be served to all walkers.

Leaving Kirknewton, we ascend steeply on to a high-level route, which crosses a moorland area rich in prehistoric remains, before dropping down into the market town of Wooler. St Cuthbert's Way then crosses Weetwood Moor and the River Till, reaching St Cuthbert's Cave, where we see our first glimpse of our goal – Holy Island!

We will trek into Fenwick to our final checkpoint, where we can take a well-deserved rest before making the final push on to the island.

The final section of our challenge leads us to the coast at the edge of Holy Island Sands. Safe crossing times on Sunday 24 June 2012 are from 9.40am until 4.50pm.

We aim to cross the causeway on to Holy Island at approximately noon, and reach the finish line on Holy Island by 1pm. We will then enjoy a celebratory buffet held at one of the local pubs on the island.

After taking in the success of our achievements, we are then free to make our onward journeys home. You will be transported back to Berwick-upon-Tweed railway station after the trek has finished if need be.

(Please note, itinerary is subject to change.)



Patrick Lundin



Christian Aid/Kevin Leighton



Patrick Lundin



More information available at
christianaid.org.uk/trekking



Frequently Asked Questions

Q1 How much does the trek cost?

It costs £50 to register and we ask that everyone raises a minimum sponsorship of £400. The tour cost per person is approximately £200 and is part of the £400 minimum sponsorship. We advise you to send the cost of the tour (£200) to Christian Aid by 13 April 2012.

Q2 Who is responsible for the logistics?

The route, accommodation and food arrangements are organised and booked through Global Adventure Challenges. Christian Aid acts only as an agent for the tour company. All you have to worry about is getting fit for the trek and raising your sponsorship money!

Q3 What is included?

Your tour cost covers all food, full back-up and vehicle support and the services of Global Adventure Challenges leaders, cooks and drivers.

Q4 What is not included?

You may wish to purchase travel insurance.

Q5 How fit do I have to be?

It's all about stamina. This is a challenge event and you will be walking through the night. However, no one will be left behind and there is always someone from the tour company at the back of the group. The key to success is adequate preparation leading up to the trek. We advise you to follow the training programme provided. It has been specifically designed to cater for all abilities, so you will definitely enjoy it.

Q6 What is the food like?

You will be spoilt for choice! We have our very own mobile caterers who will be able to provide for almost any diet. There will be a mix of carbohydrates, including fresh fruit and cereal bars, along with some well-deserved bacon butties!

Q7 How easy is it to get to the start point?

A full map will be provided and transfers from Berwick-upon-Tweed railway station will also be available.

Q8 When is it safe to cross to Holy Island?

Due to the tide on Sunday 24 June, it is safe to walk across to Holy Island between 9.40am and 4.50pm. Contingency plans will be put in place for those who don't reach the island in time.



This trip is operated by Global Adventure Challenges Ltd on behalf of Christian Aid.

Poverty is an outrage against humanity. It robs people of dignity, freedom and hope, of power over their own lives. Christian Aid has a vision – an end to poverty – and we believe that vision can become a reality. We urge you to join us.

Gradient map – route profile

